

## Working at Height Checklist / Aide Memoir

### 1. Personnel

- WAH awareness trained
- Harness & lanyard trained if relevant
- MEWP trained if relevant
- Induction
- 1<sup>st</sup> aid trained
- TBT

### 2. Equipment / Procedures

- RAMS
- Edge protection (above 950mm all areas and with min 2 x horizontal rails)
- If demarcation is this authorized by all parties?
- Scaffold – scafftag in date?
- Harness & lanyard checks
- Roof light covers / guards in place?
- MEWP checks
- PPE
- Rescue from height plan
- Weather checks – never work in wind speeds =>23 mph
- Two means of access / egress from roof